Monash Health Prevocational Term Description

<table>
<thead>
<tr>
<th>Title of post</th>
<th>Rheumatology</th>
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</thead>
<tbody>
<tr>
<td>Site</td>
<td>Monash Medical Centre, Clayton</td>
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<tr>
<td>Important Contacts</td>
<td>Name:</td>
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<tr>
<td>Program Director</td>
<td>A/Prof Andrew Block</td>
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<tr>
<td>Unit Head</td>
<td>Prof Eric Morand</td>
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<tr>
<td>Intern supervisor</td>
<td>Dr Sally Ayoub</td>
</tr>
<tr>
<td>HMO supervisor</td>
<td>Prof Michelle Leech</td>
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<tr>
<td>NUM:</td>
<td></td>
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<tr>
<td>Administration</td>
<td>Diane Sheehan</td>
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<tr>
<td>Review Date</td>
<td>December, 2015</td>
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Overview of Unit:

The rheumatology unit has 11 outpatient clinics across the Monash Health network and provides public ambulatory care in rheumatology and musculoskeletal health in the South-East of Victoria. Clinics include General clinics as well as rheumatoid arthritis, SLE, Scleroderma, Fibromyalgia, Osteoporosis, Psoriatic Arthritis and Vasculitis specialist clinics. The Rheumatology unit provides a referral service and outpatient clinics at MMC, Casey and Dandenong sites of Monash Health.

Orientation:

- Unit welcome is provided on day 1 at 0800hrs by a specialist registrar and ward service consultant and 0900 meet up with consultants in the General rheumatology clinic for unit overview.
- Policies and guidelines are all provided on Prompt as per hospital network guidelines.

Roster:

Work rosters are provided via the MWU.
Interns/HMO experience in Rheumatology
- Daily registrar ward round, 2- consultant ward rounds/week.
- Clinic attendance all consultations reviewed by consultant
Education/Unit activities are outlined in the orientation manual (as below).
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Education Opportunities:

<table>
<thead>
<tr>
<th>Event</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Rheumatology Unit meeting</td>
<td>Monday</td>
<td>1-2pm</td>
<td>Medicine seminar room (level 5, Block E)</td>
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<tr>
<td>Rheumatology Radiology meeting</td>
<td>Monday</td>
<td>1-2pm</td>
<td>Diagnostic imaging Seminar room</td>
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<tr>
<td><em>Fortnightly</em></td>
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<td></td>
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<tr>
<td>Pathology meeting</td>
<td>Monday</td>
<td>1-2pm</td>
<td>Pathology Seminar Room</td>
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<tr>
<td><em>3 monthly</em></td>
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Learning Objectives

At the end of this rotation, the prevocational doctor, under supervision, will be able to:

1. Science and Scholarship
   - Consolidate, expand and apply knowledge of the aetiology, pathology, clinical features, natural history and prognosis of common rheumatological presentations
   - Access and use relevant treatment guidelines and protocols
   - Seek and apply evidence to medical patient care

2. Clinical Practice
   - Assess and contribute to the care of patients with a broad range of medical conditions including:
     a. exacerbations of chronic conditions
     b. critically ill patients, both at presentation and as a result of deterioration during admission
   - Demonstrate appropriate history taking, physical examination and mental state examination skills
   - Develop management plans for medical patients
   - Order and interpret investigations
   - Access clinical management resources, making referral and monitoring progress
   - Observe and perform a range of procedural skills (IV cannulation, catheterisation, venupuncture, blood gases, pleural/ascetic taps, lumbar punctures)
   - Develop knowledge and skills in safe and effective prescribing of medications including fluids, blood and blood products
   - Develop effective communication skills including:
     a. interactions with peers (particularly through clinical handover)
     b. supervisors
     c. patients and their families
     d. other health care workers involved in inpatient and ambulatory care
   - Develop advanced skills in spoken, written and electronic communication
   - Develop skills in obtaining informed consent, discussing poor outcomes and end of life care in conjunction with experienced clinicians
   - Develop written communication skills including:
     a. entries in paper and electronic medical records,
     b. admission notes,
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c. progress notes
d. discharge notes
e. letters to other health care professionals

3. Health and Society
- Discuss allocating resources in providing medical care
- Participate in quality assurance, improvement, risk management processes and/or incident reporting
- Screen patients for common diseases, provide care for chronic diseases and discuss healthcare behaviours with patients
- Develop knowledge about how patient care interacts with sub-acute, community and ambulatory care facilities, including appropriate discharge destinations and follow-up

4. Professionalism and leadership
- Develop skills in prioritising workload to maximise patient and health service outcomes
- Demonstrate an understanding of roles, responsibilities and interactions with various health professionals in managing each patient
- Participate actively in the multi-professional/disciplinary team
- Develop and reflect on skills and behaviours for safe professional and ethical practice consistent with the Medical Board of Australia’s Good Medicine Practice: A Code of Conduct for Doctors in Australia